



**Hey kids!**

**Ready, set, go!**

Do you love to ride your bike and run? Compete in the **second annual, kids only Cambridge duathlon** with biking and running in and around CambridgeSide Galleria! Run & Ride at CambridgeSide is for kids ages 5-14 years old, with **prizes, race T-shirts, giveaways, entertainment and more.** Race with your friends and make new friends - sign up for Run & Ride at CambridgeSide today!

**Sunday, July 31, 2011**

**9am Registration • 10am Event Begins**

**CambridgeSide Galleria  
100 CambridgeSide Place  
Cambridge, MA 02141**

**Pre-register today at  
[www.shopcambridgeside.com](http://www.shopcambridgeside.com).**

**FREE family fun!**



**CambridgeSide**

Join us for

Family Fun!

## StoryWalk, Entertainment, Treats & More

This is a USAT sanctioned duathlon event. Races will not be timed. Course is handicap accessible. Children ages 5 and 6 will participate in run only. Helmets are required and must be CPSC certified – check the inside of your helmet! All bicycle handle bar ends must be plugged. Bicycles will be available on a first come, first serve basis if needed.

**For more information, please email [csginfo@nedevdevelopment.com](mailto:csginfo@nedevdevelopment.com) or call 617.621.8668.**

Parent/Guardian must present photo identification at event and must attend for duration of event with child(ren).



Launched by First Lady  
Michelle Obama

### CAMBRIDGE PUBLIC HEALTH DEPARTMENT



Cambridge Health Alliance



City of Cambridge



SANCTIONED EVENT

ENDURANCECOACHING



URBAN ADVENTOURS  
BOSTON BICYCLE TOURS & RENTALS



100 CambridgeSide Place | Cambridge, MA  
617.621.8666 | [www.shopcambridgeside.com](http://www.shopcambridgeside.com)

 [www.facebook.com/cambridgesidegalleria](http://www.facebook.com/cambridgesidegalleria)

Conveniently located at the Lechmere  on the Green Line or take our FREE shuttle bus from Kendall Square  on the Red Line.